



Speech writing:

Colleagues and students, my life in the last ten years has been a strange one.

We had to live in a cave as we had no proper home. In the place where we lived, there were many dangerous animals which could easily kill us for food. We used fire to protect ourselves and we also had to be extremely vigilant in case they were close-by. Food was also a problem. In order to survive we had to hunt for animals and forage for shrubs. Another problem was the lack of drinkable water, even when we found drinkable water, we had to boil it for safety reasons, otherwise we can easily fall sick. Since we had no electricity, we had to make do with fire instead. Similarly, as no language existed then, we had to use hand gestures instead. The other people around us could also be hostile and we had to be careful.



I tried to improve the lives of everyone around me. I made a bed out of moss and vegetation for my family. A protective barrier was built at the mouth of the cave where we lived to protect us from wandering animals. We also had to preserve food such as dried snake for later use. Penicillin was grown for medical use. As a doctor, I had to provide medical treatment for those who were sick.

The one most important thing I have learned from this adventure is to always consider the consequences first before I decide a decision. I have also learned to value all my luxuries and amenities as when I was living in the prehistoric times, all these luxuries and amenities were non-existent. I feel more responsible for my family than ever before after this adventure. I feel stronger both mentally and physically in terms of my ability to survive. Thank you. (307 words)



Speech writing:

‘Colleagues and students, my life in the last ten years has been a strange one ...’

A1: the challenges and dangers of life in the past **and** how you adapted.

- We had to live in a cave as we had no proper home.
- In the place where we lived, there were many dangerous animals which could easily kill us for food. We used fire to protect ourselves and we also had to be extremely vigilant in case they were close-by.
- Food was also a problem. In order to survive we had to hunt for animals and forage for shrubs.
- Another problem was the lack of drinkable water, even when we found drinkable water, we had to boil it for safety reasons, otherwise we can easily fall sick.
- Since we had no electricity, we had to make do with fire instead.



- Similarly, as no language existed then, we had to use hand gestures instead.
- The other people around us could also be hostile and we had to be careful.

A2: the efforts you made to improve the lives of your family **and** the people around you.

- I tried to improve the lives of everyone around me. I made a bed out of moss and vegetation for my family.
- A protective barrier was built at the mouth of the cave where we lived to protect us from wandering animals.
- We also had to preserve food such as dried snake for later use.
- Penicillin was grown for medical use.
- As a doctor, I had to provide medical treatment for those who were sick.



A3: things you have learned from the experience **and** how it has changed you and your attitudes to modern life.

- The one most important thing I have learned from this adventure is to always consider the consequences first before I decide a decision.
- I have also learned to value all my luxuries and amenities as when I was living in the prehistoric times, all these luxuries and amenities were non-existent.
- I feel more responsible for my family than ever before after this adventure.
- I feel stronger both mentally and physically in terms of my ability to survive. Thank you.



Speech writing:

‘Colleagues and students, my life in the last ten years has been a strange one ...’

A1: the challenges and dangers of life in the past **and** how you adapted.

- dangerous animals
- food, hunt or forage
- water lack of drinkable water
- no electricity
- no language
- susceptible to illness
- other people
- cave, no proper home

A2: the efforts you made to improve the lives of your family **and** the people around you.

- made a bed for you family
- built a protective barrier
- preserved food for later use – dried snake
- penicillin



- medical treatment

A3: things you have learned from the experience **and** how it has changed you and your attitudes to modern life.

- consider consequences first
- not to take luxuries and amenities for granted
- family responsibility
- mental and physical effects